People & Projects



EXTREME MAKEOVER: The cost of a new house for a family of eight is \$2,200, including materials. The family receiving the house must help build it.

Action Speaks Louder

Sociación Hombres y Mujeres en Acción (Men and Women in Action) was founded in 2009 to address the most basic needs of people and to improve their quality of life. In just two years it has built 34 houses, installed over 250 vented stoves and treated over 2,000 patients in its remote medical clinics. Working mostly in San Martín Jilotepeque, about two hours from La Antigua Guatemala, the NGO has also built additions to three schools, helped 60 kids attend preschool and provided running water to over 5,000 people.

What we do

Using the participatory human development process, Men and Women in Action teaches men and women in rural Guatemala to organize themselves to access existing resources and realize opportunities for better health, education and employment.

For the long term

Men and Women in Action believes that teaching desperately poor people how to help themselves is key and by engaging people in these projects they learn valuable skills such as how to prioritize their needs, role playing, negotiation skills and resource investigations. Learning these techniques will enable them to work together and sustain their families and communities in the future.

The needs are immense in Guatemala and the number of people who can be helped depends on the level of support the organization receives. To improve the health of women and children, Men and Women in Action installs low-smoke vented *chapina* stoves (\$105 each) and provides water filters to reduce children's diarrhea. The cost of a new house for a family of eight is \$2,200, including materials. The family receiving the house must help build it. Financial support to purchase medicine is also needed. Donations can be made through People for Guatemala, a 501(c)(3) U.S.-registered charitable organization.

Volunteer opportunities

Doctors and dentists are needed to serve children and adults in our clinics and communities.

Contact us

For more information please visit: www.peopleforguatemala.org or email: peopleforguatemala@gmail.com